

Sentara in Your Neighborhood

Western Tidewater



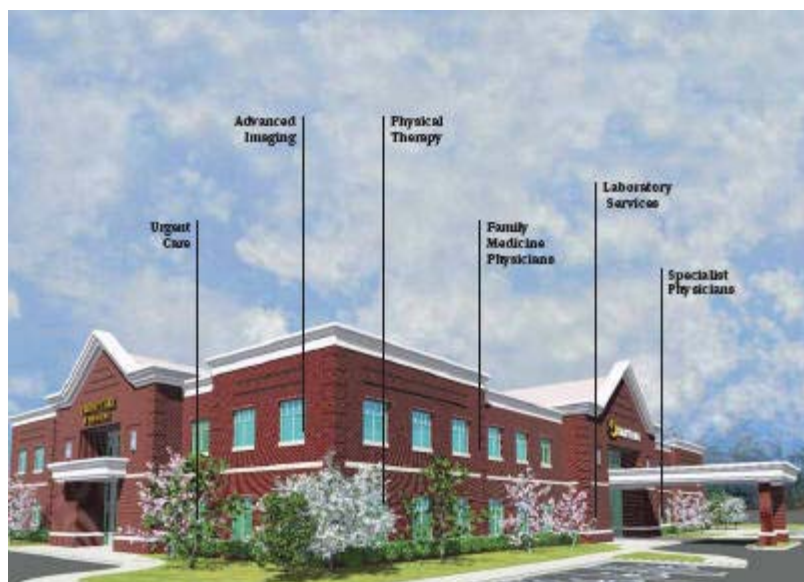
Winter 2010

IN THIS EDITION

Happy New Year! Welcome to our newest edition of Sentara In Your Neighborhood. Here is an update on what's new and what's ahead for Sentara in Western Tidewater.

HIGHLIGHTS

Sentara St. Luke's Open in Isle of Wight



Join us for an Open House at Sentara St. Luke's!
January 30, 2010
10 am – 1 pm

20209 Sentara Way, Carrollton, VA 23314
Located Near the intersection of Brewers Neck
Boulevard (Route 258) and Route 10

Classes, Events & Screenings

January 30, 2010
Community Open House at Sentara St. Luke's. Meet the physicians and staff, tour our facility, take advantage of free health screenings and kids' activities.
Hours: 10:00 am – 1:00 pm

February 2, 2010
Dr. David Eich with Lakeview Cardiology Associates will be the Keynote Speaker at a Luncheon hosted by the Suffolk Center for Cultural Arts and SMART Women on the topic of Women's Empowerment through Heart Health. Reservation deadline is January 22nd. For more information, email smartwomen07@yahoo.com.

February 24, 2010
Pocket EKG Screening Being Offered at Sentara BelleHarbour. Call 1-800-SENTARA for more information.

March 25, 2010
Sleep Screening at Sentara St. Luke's. Call 1-800-SENTARA for more information. Hours: 5:30 pm - 7:30 pm.

[More Sentara Classes & Events](#)

Your Health: *Latest Health News Headlines*

[Federal Panel Urges Obesity Screening for Kids Ages 6 and Up](#)

[Parents Not Taking Concussions Seriously Enough](#)

[Newly Identified Gene Variants](#)

Sentara St. Luke's – Isle of Wight's new, comprehensive healthcare campus – is now open. You're invited to see it for yourself at our Open House on January 30. Meet our quality physicians and learn more about our services, including urgent care, advanced imaging, physical therapy, laboratory services, quality family doctors and specialists. Learn more online at www.sentara.com/stlukes, and we look forward to seeing you!

Campus Physicians:

Sentara Urgent Care
Suite 100 • (757) 542-1100

Sentara Family Medicine Physicians
Suite 200 • (757) 542-2000

Gastrointestinal & Liver Specialists of
Tidewater
Suite 108 • (757) 934-3700

Suffolk Eye Associates
Suite 108 • (757) 542-1120

Lakeview Medical Center at St. Luke's
Coming to Suite 104 later this year

Campus Services:

Smithfield Therapy Center
Suite 102 • (757) 542-1300

Advanced Imaging Center – St. Luke's
Suite 108 • (757) 542-1200

Laboratory Services
Suite 100 • (757) 542-1125

Construction Progresses at Sentara Obici Hospital

Work is progressing quickly on the 66,310 square foot addition under construction at Sentara Obici Hospital. Upon opening in Summer 2010, the wing will serve orthopedic, medical and surgical patients. We are excited to see the building taking shape and will keep you posted as new pictures and updates become available!

New Physicians & Services at Sentara BelleHarbour

In addition to the quality physicians found through the Sentara BelleHarbour Emergency Department and Sentara Family

[Linked to Diabetes](#)

[Immune Response Better With Skin Scratch Vaccination](#)

Community Benefits

Read the most current news on how Sentara is making a difference in the community with the [December 2009 Community Benefits report](#). (PDF)

For more on how Sentara works to benefit your community, visit sentara.com/communitybenefits

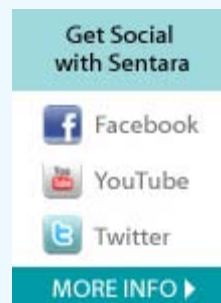
Learn More About Sentara

Interested in learning more about what healthcare services Sentara provides in Western Tidewater or want a Sentara representative to attend your community event?

[Email us](#) to find out how to schedule a speaker and visit us online at www.sentara.com for details about our many product offerings.

Get Social with Sentara

Sentara is connecting with you through several online networking sites, including Facebook, Twitter and YouTube.



Keep up to date on the latest health trends and news, learn about developments at Sentara facilities, and watch videos about Sentara physicians and services. [Join Us Online Now!](#)

Medicine Physicians practice, the community can now access Lakeview Cardiology and Family Foot & Ankle Care at their new offices on campus. To learn more about all Sentara BelleHarbour has to offer, visit www.sentara.com/belleharbour.

More Sentara News

- [Introducing the Sentara Health Minute](#)
- [Sentara Healthcare Recognized for Employee Health & Wellness Programs](#)

The content of this email newsletter is intended for information purposes only and is not a substitute for your relationship with a medical professional. Nor should this information be used to treat or diagnose a health condition. Always seek advice from a trained healthcare provider.

Please do not reply to this email. © Sentara All Rights Reserved.
Corporate Office: 6015 Poplar Hall Drive, Norfolk, VA 23502

Your community, not-for-profit health partner

