

Dear \${token1}:

We hope you find this update informative and helpful for your health care needs in southern Virginia Beach.

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Sentara Princess Anne -- already including over 100 doctors and care providers -- will be home to [Sentara Princess Anne Hospital](#) in late 2010.



Preliminary Rendering

[> **CAMPUS UPDATE** <]

## **Construction Underway for Sentara Princess Anne Hospital**

*Currently Approved for 120 Beds and Scheduled to Open Late 2010*

An application for a larger 200-bed hospital to be jointly owned with Bon Secours is being reviewed by the State. Sentara and Bon Secours are seeking approval to build the larger hospital during current construction, explaining the community will need a larger hospital the day the hospital is scheduled to open, and the need will only increase as the southern Virginia Beach community continues to grow. Costs for the additionally needed facility space will be much less if included in the current construction.



The Eastern Virginia Health Systems Agency Board reviewed the application and unanimously supported the request for a 200-bed hospital in a recommendation to the State early in February.

A State staff review released later in February subsequently recommended adding six intensive care beds and four obstetrical beds to the 120-bed hospital plan already approved. The State will hold a fact-finding conference in Richmond on March 4 to review more information.



- [Learn more about the Sentara Princess Anne Health Campus](#)
- [Get directions or download a campus map](#)

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[> **PHYSICIAN UPDATES** <]

## Sentara Princess Anne Welcomes New Physicians

### [Norfolk Surgical Group](#) -- 261-5000

Dr. G. Wilkins Hubbard II  
Dr. Bethany B. Tan  
Dr. James J. Schneider  
Dr. Mark A. Fontana

### [Sentara Neurology Specialists](#) -- 363-6610

Dr. Richard Zweifler  
Dr. Nayeem Karim  
Dr. Bruno Maton

### [Urology of Virginia](#)

Dr. Victor M. Brugh, III -- 481-3556  
Dr. Edwin L. Robey -- 457-5193

### [EVMS Health Services Ob/Gyn](#) -- 689-8139

[Dr. Kal Sakhel](#)

[See the complete list physicians located at Sentara Princess Anne](#)

## Introducing MyChart: Access Your Medical Records Online

*Available at Select Physician Practices at Princess Anne and around Hampton Roads*

MyHealth MyChart is Sentara's secure patient web site featuring MyChart, a web-based tool that provides secure and convenient access to your physician and personal electronic medical record. If your doctor is in a [participating physician practice that offers MyChart](#), you can access this online service that provides convenient access to your medical record.

[Learn more about MyHealth MyChart.](#)



The following practices at Sentara Princess Anne now offer MyChart.

- [Family Medicine at Princess Anne](#)
- [Pediatrics at Princess Anne](#)

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[> **IMAGING SERVICES UPDATE** <]

## Digital Mammography Now Offered at Sentara Princess Anne

A recent advance in the field of mammography, digital mammography has the greatest impact on early detection of breast cancer. Using digital technology, we are able to acquire higher resolution images more expeditiously with less radiation to the patient. The digital formatting of these images allows for more accurate image storage, as well as transfer of the images to alternate sites to facilitate patient care.



Call the Sentara Princess Anne Advanced Imaging Center at (757) 507-0100 to learn more. Appointments can be made by calling (757) 388-5768.

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[> **CLASSES, EVENTS & SUPPORT GROUPS** <]

## 30 Minutes. Four Heart Screenings. One Easy Way to Remember Them.

EKG – Heart Risk Evaluation – Cholesterol – Blood Pressure

Sentara Princess Anne is offering a special program to help you check your heart health

**March 12 and March 26, 10 a.m. to 2 p.m.**

Building 1925, Suite 210

- Get 4 screenings, including a complete EKG.
- Results are provided to you on a pocket-sized card.
- Cost \$20; appointments last 30 minutes.

**Call 1-800-SENTARA (1-800-736-8272) in advance to schedule your visit.**



[Browse Upcoming Classes and Events](#)

**Need Personal Assistance?** If you'd like assistance finding or registering for a screening or class, call 1-800-SENTARA (Monday - Friday -- 8 a.m. - 6 p.m.). [You can also contact us online to request a call back](#)

### Sentara Online Support Groups

Sentara's Online Support Groups are free of charge and simple to use. [Learn more.](#)

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[> YOUR HEALTH <]

### Latest Health News Headlines

- [Clinical Trials Update: Feb. 24, 2009](#)
- [Recession Scrambling Health Spending in U.S.](#)
- [Scientists Find Gene for Tooth Enamel](#)
- [PSA Tests Not Race-Specific, Study Finds](#)

[More health news](#)

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