

# Sentara Anesthesiology Specialists

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Sentara Medical Group



- MD - Wayne State University School of Medicine
- Flexible Internship & Anesthesiology Residency - Sinai Hospital
- Certified by the American Board of Anesthesiology

## **William E. Cress, MD** **Anesthesiology**

Dr. Cress earned his medical degree from Wayne State University School of Medicine in Detroit, MI, in 1980, after receiving his Bachelor's degree at the University of Michigan in 1976. He completed a Flexible Internship in 1981 and an Anesthesiology Residency in 1983 at Sinai Hospital of Detroit.

Dr. Cress moved Hampton Roads from Willoughby, OH, where he has served as a staff anesthesiologist at Lake Hospital System and as department chair and executive council. As an anesthesiologist, his responsibilities include performing general, regional, and MAC anesthesia with a minor amount of nerve blocks. He is skilled in providing anesthesia for neurosurgery, ENT, orthopedic, OB/GYN, general surgery, plastic surgery, bladder and bowel, colon and rectal, pediatrics, open and video-assisted thoracic surgery, minor trauma, and epidurals. While his main focus is on the care and well-being of his patients, Dr. Cress is well respected among his peers who say, "His rapport and experience with administration, nursing, and fellow physicians is one of his strongest assets."

Dr. Cress is certified by the American Board of Anesthesiology.



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