

Sentara Neurology Specialists

Sentara Medical Group



- MD - Cairo University School of Medicine
- Internal Medicine Residency - Englewood Hospital
- Neurology Residency - Medical College of Ohio
- Clinical Neurophysiology and Sleep Medicine Disorders Fellowships - Wayne State University
- Certified by the American Board of Psychiatry and Neurology

Martha S. Boulos, MD **Neurology**

Dr. Boulos earned her medical degree from Cairo University School of Medicine in Cairo, Egypt, in 1990 where she continued on to serve her general medicine and surgery internship. Dr. Boulos completed her internal medicine residency at Englewood Hospital in Englewood, NJ, in 1997 and her neurology residency at the Medical College of Ohio in Toledo in 2000. Following her residency, Dr. Boulos earned a Clinical Neurophysiology Fellowship (combined EEG and EMG), and a Sleep Medicine Disorders Fellowship at Wayne State University in 2001 and 2002, respectively.

Prior to joining Sentara, Dr. Boulos served as Assistant Professor of Clinical Neurology at Albany Medical College in Albany, NY, from 2004-2008 and spent one year in private practice in Pennsylvania.

Dr. Boulos is fellowship-trained in sleep-wake disorders and neurophysiology, including electromyography and electroencephalography. Dr. Boulos is specialty trained to diagnose and treat patients with different neurological conditions. Her focus is in restoring health, function, and well-being in her patients. Dr. Martha Boulos is a member of the American Academy of Neurology, the American Academy of Electrodiagnostic Medicine and the American Academy of Sleep Medicine. She is certified by the American Board of Psychiatry and Neurology.



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