

# Sentara Neurology Specialists

Sentara Medical Group



- MD - University of Medicine (1), Yangon, Myanmar
- MPH - Mahidol University (Tulane University Affiliated)
- Neurology Residency - University of Arkansas
- Stroke & Headache Mini-Fellowship - University of South Alabama
- Board Certified in Psychiatry and Neurology

## Tha Tha "Thomas" U, MD, MPH Neurology

Dr. U earned his medical degree from the University of Medicine (1), Yangon, Myanmar, in 1982 after completing his undergraduate studies at Rangoon Regional College. He continued his postgraduate education with a Master of Public Health at the Mahidol University (affiliated with Tulane University) in Bangkok, Thailand. Dr. U went on to perform his internal medicine internship and neurology residency at the University of Arkansas for Medicine Sciences in Little Rock, AR, serving as Chief Resident in his final year. In 1996, Dr. U was Senior Neurology Resident and then completed a Stroke and Headache Mini-Fellowship in the Department of Neurology at the University of South Alabama in Mobile, AL.

Dr. U provides general neurology services, including the treatment of stroke, Parkinson's Disease, Multiple Sclerosis, Alzheimer's Disease, plus he has a special interest in headache and migraine care. He is also skilled in botox therapy for the treatment of various neurological disorders and the use of neuroelectrophysiology (EEG/EMG/NCS) for expert diagnosis.

Dr. U is a member of the American Academy of Neurology and the Virginia State Medical Society. He is board certified by the American Board of Psychiatry and Neurology.

# Sentara Neurology Specialists

Office Hours:

Mon. - Fri., 9:00 am - 5:00 pm

Sentara Obici Hospital  
2790 Godwin Boulevard, Suite 320  
Suffolk, VA 23434

**Tha Tha "Thomas" U, MD, MPH**  
**Neurology**  
757-934-4580

## Sentara Promise

### Service

Our commitment is to create and maintain the best possible state of health for you. Your trust in us is taken very seriously. We promise to meet the high standards you expect from Sentara.

### Patient Safety

Our commitment is to keep you from harm. Patient Safety is a top priority for all Sentara staff. We encourage you to ask questions and be involved in your safe care.

### We Give You Our Word

If at any time you feel we are not meeting your expectations, please let any of our staff members know. Our staff will assist you with resolving the problem. If you have additional comments, compliments or concerns, please call the Promise Hotline at 757-388-4357.

