

Passport Health

Your One-Stop-Shop for Travel Health Services



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|---------------------------|------------------|
| Passport? | Check. |
| Hotel Confirmation? | Check. |
| Travel Guide? | Check. |
| Vaccines & Immunizations? | Do I need these? |

Ever find yourself in a situation like this, where you weren't quite sure what you needed to do before traveling to a different country? Perhaps you've even received calls from patients asking you for advice on what to do before their business trip or vacation.

Located at the Bayside Medical Plaza Building in Virginia Beach, Passport Health offers comprehensive, one-stop travel health services in a convenient, private, and comfortable setting.

Services Include:

- One-on-one nurse consultation and assessments
- Country specific travel counseling and immunizations
- Travel insurance and security briefings
- Specialty travel supplies & dietary assistance

Fast Facts:

- Whether you are a business traveler, adventurer, aid relief worker, student, or tourist, you should meet with your travel health specialist **four to six weeks before** your travel departure.
- Even if vaccinations aren't necessary, your travel health specialist can provide essential information about travel risks and non-infectious health risks surrounding your travel destination.
- In addition to travel assistance, Passport Health also specializes in immunizations for school requirements, bio-defense, missionary trips, and worksite clinics.

Ready to become our next satisfied customer?

Interested in displaying our brochure in your office to share with patients? Call us today at (757) 363-6770 or visit us online at: <http://www.sentara.com/passporthealth>.

Monica Ruzicka, a Student Programs Coordinator for Operation Smile in Norfolk, used Passport Health earlier this year before traveling to Bolivia for work. She found the Passport Health Clinic in Virginia Beach through the CDC website and made an appointment one month prior to her departure. Ms. Ruzicka says she was impressed with the clinic's travel information, vaccinations, and follow-up advice after her trip. She found Passport Health to be helpful, thorough, and absolutely recommends it to future travelers.



Donald & Kathleen Ashby used Passport Health this year in preparation for their upcoming trip to hike the mountains of Nepal. They were impressed with the convenience of the clinic and flexibility in appointment scheduling, which is particularly handy when a series of vaccinations are required. In addition to vaccinations, Passport Health provided them with helpful information ranging from country specific travel alerts to water filtering tips. With knowledgeable staff and an abundance of useful information, the Ashby's undoubtedly recommend Passport Health to fellow travelers.



Your community, not-for-profit health partner