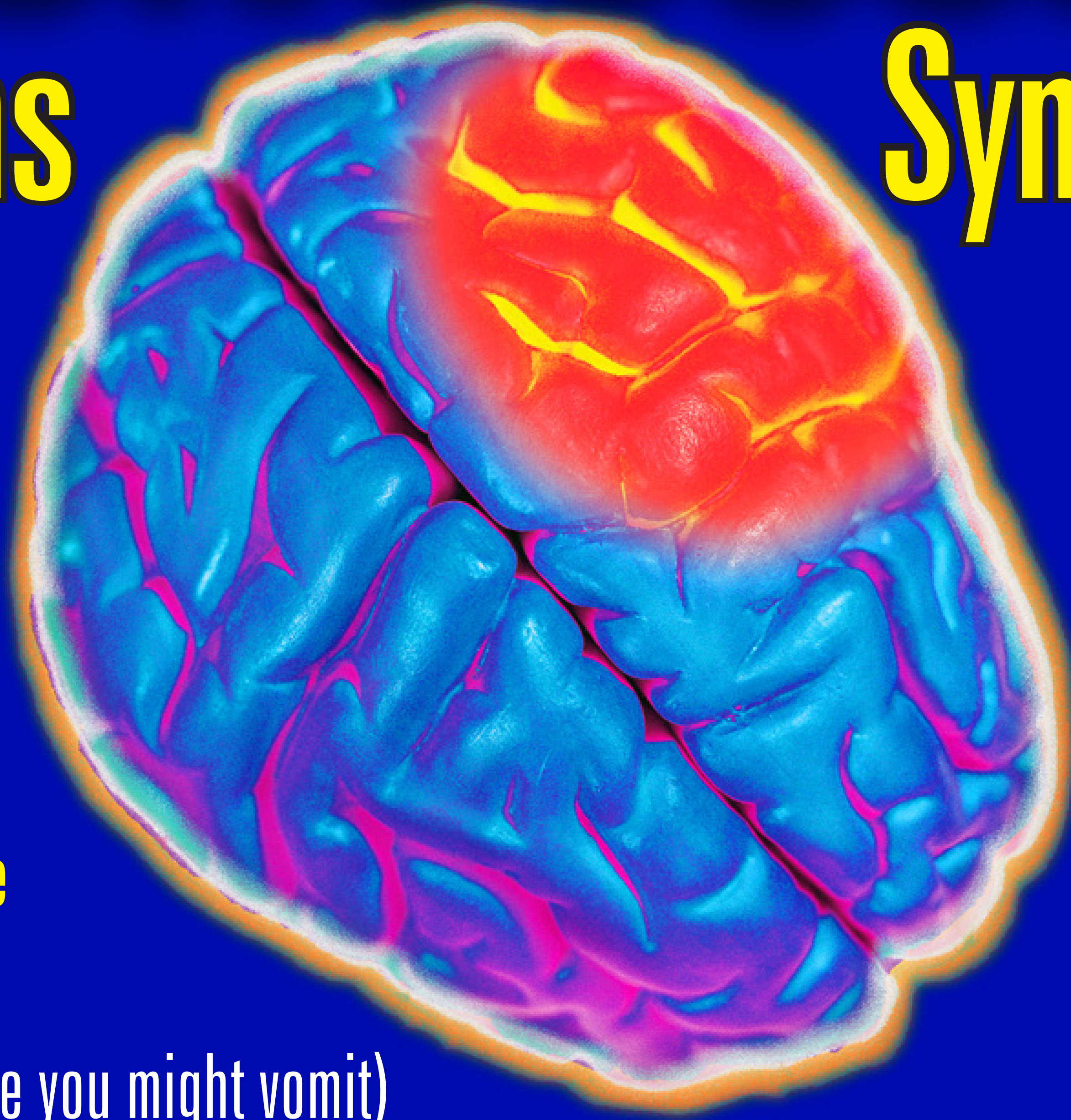


CONCUSSION

Signs

Symptoms



- Headache
- Nausea
(Feeling like you might vomit)
- Dizziness or balance problems
- Double or fuzzy vision
- Sensitivity to light or noise

- Confusion
- Feeling sluggish or tired
- Feeling foggy or groggy
- Trouble concentrating
- Trouble remembering

If you have a concussion ***Don't Play!***
A second concussion can cause ***serious damage*** to your brain or even death!



If you have suffered a sports related injury,
please report to the Athletic Training Room and notify the Athletic Trainer.



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