

SENTARA HEALTH FOUNDATION

VOLUME SIX

SPRING 2007

Camp Lighthouse Celebrates Its Second Year

Sentara Home Care Services Hospice Program is organizing its second annual Camp Lighthouse, a bereavement camp for children who have lost a loved one. The camp provides hope and help to grieving children and offers their parents tools to cope with their loss.

This year Camp Lighthouse will be held April 21 and 22 at the Triple-R Ranch in Chesapeake. The camp is available for children ages 6 to 16 who have experienced the death of a family member or loved one within the past two years.

Few things in life are more difficult than when a child loses a parent, close friend or relative. Not only does the remaining parent or family member have to deal with his or her own grief, but also with their child's grief. And for some people, this is a big challenge to face alone.

The camp provides counseling sessions that can be intense, but they are balanced with fun activities. Sentara Hospice staff, a team of social workers, nurses, and more than 50 volunteers run the two-day camp. Last year's camp was very successful,



2006 Campers kick up their heels and enjoy the music.



and the staff looks forward to this year's event. Rhonda Chetney, one of the camp coordinators, believes Camp Lighthouse is "the best thing we've ever done. We hope that the children leave with a sense of friendship, hope, and encouragement," says Rhonda.

Camp Lighthouse charges a small fee per child (\$15) and the remaining cost of running the camp is covered by donations from generous individuals, corporations, and community organizations. If you would like to make a contribution to Camp Lighthouse or know anyone who can benefit, please call Sentara Home Care Services at (757) 549-7755.

***"... and believe that your dear one has gone,
not into the darkness, but into light."***

— NORMAN VINCENT PEALE

CBN Opens Door for Local Original Research

Today our community is one step closer to new innovative cardiac treatment. In November 2006, Sentara Cardiovascular Research Institute received a generous pledge of \$500,000 from the Christian Broadcasting Network (CBN) to establish the CBN Endowment for Heart Research.

(Continued on next page)



Jeffrey B. Rich, M.D., and John M. Herre, M.D.
Scientific Directors of the Sentara Cardiovascular Research Institute

Tribute Gifts

Gifts to Sentara Health Foundation from July 1, 2006 to December 31, 2006.

We thank everyone for their gifts **in honor** or **in memory** of family, friends and co-workers. Every effort has been made to recognize our contributors. If there are any corrections, please contact (757) 455-7976.

In Honor

Steven Cohen
Russell Davis

Deanna Edwards
Bionetics Corp

Grandparents Day - 2006
Newborn and Special Care
Nursery Staff

Andrew Mason
Newborn and Special Care
Nursery Staff

Stanley M. Musselwhite
Marsha Musselwhite

System Development Staff - 2006
Vicky G. Gray

**Sentara Williamsburg
Regional Medical Center
Administration**
Donna S. Gibson

In Memory

Mason Andrews
Newborn and Special Care
Nursery Staff

Joseph J. Ankeney
Charles Hilbinger

Bruce Barackman
James Barackman
Susan Bentley

Joan Bierwerth
Dr. Lawrence and
MaryAnn Cohen
Sheila Honan
Janis K. Krebs
Phyllis Leet
Ardith L. Lingo
Ruth S. Lynch
M. Thomas
Elizabeth Welton

Bethel Barnes
Dorothy McArthur

Linda Bernal
Harry and Betty Connor

Eugene Bondell
Clayton College & State
University Foundation Inc.

Elbert R. Bookert
Eastern Star Lodge No. 13

Robert Borden
Diane Borden
Frank and Barbara Mayo

Orlando Brewer
Marion J. Brewer

Evelyn Brown
Victor Brown

Fred Brown
June G. Brown

Kenneth E. Burris
Judy Burris

Danilo Cadua
Nenita Cadua

Richard Cairns
Myrna Cairns

Wendell Carlson
Rev. Roger and Noelle
Gauthier

Claude Childress
Rachel W. Childress

Dr. Clark
Sheila Mc Avoy Clark

Shirley Todd Clifton
Alison N. Cooper
Patricia E. Cooper

Daniel Collier
Sharon Collier

Drs. John M. Herre and Jeffrey B. Rich are the co-scientific directors and are excited about the CBN Endowment for Heart Research. Herre says, “generosity such as this allows us to explore original ideas here in Hampton Roads.”

Sentara Cardiovascular Research Institute was created in 2005 to support research that will help physicians develop new surgical techniques, medication therapies and implement technological innovations to improve the cardiac health of the Hampton Roads community. Gifts from donors like CBN allow the Sentara Cardiovascular Research Institute to conduct cardiac studies and develop partnerships with other leading institutions in cardiac care.

“Sentara and CBN share similar visions for quality and excellence. What better way to improve the health of area residents than to help fund research by doctors who are nationally recognized leaders in heart care.”

– DR. ROBERTSON
Founder, Christian Broadcasting Network (CBN)

If you are interested in making a contribution to Sentara Cardiovascular Research Institute or any other area of Sentara, please contact the Sentara Health Foundation at (757) 455-7976. Be a part of keeping Hampton Roads healthy.

In Memory *continued*

Kenneth Crosby

James W. E. Airey
Ronald and Ramona Bruner
Neulan Gene Cauthen
Frank N. Chase
Adam and Mary Crosby
Edward and Debbie Douglas
Lynn Fuson
Emerly D. Geisler
Clarence Jackson
Donald K. Mickelson
Doyel Price
Norbert N. Tenenbaum
USS Toledo CA-133
Association

Angel Dajon

Gale and Wayne Bryant
Michael and Cynthia Epperly

William Darwin

Sarah L. Darwin

James Davis

Fannie F. Molello

Don (D.F.) Dickinson

Shirley R. Dickinson

John Dunn

Jean R. Dunn

Ricky L. Dye

Alpha Corporation

Lucinda Early

Norman and Lois Bosworth
Mr. & Mrs. J. Lester Early
Donald Sullivan

Henry Ertel

Thelma M. Ertl

Rufo Estaris

Dina C. Estaris

John D. Etheridge

Gloria N. Etheridge

Felicidad Fajardo

Edna M. Fajardo

Donald T. Fantone

Donald and Shirley Adams

Joe Faughnan

DAVA, Unit 2
Denbigh Christian Church
James and Dorothy Fahey
Shirley A. Ferguson
Lula R. Hammond
Louise Holladay
Mable F. Little
Pennsylvania Family
Retired Military Wives Club
Sheri L. Reynolds

Beatrice Flores

John and Audrey Kolenda

Chester Fonville

Rosemary W. Fonville

Hoyt W. Freeman

Brock and Beasley P.C.
Jo Ann Blair-Davis
Charles and Penny Freeman
Charles C. Lewis
Jane B. Lewis

Diane Frey

Eleanor G. Gilpin

Eleanor Fullerton

Michael and Debra Gunther

Essie Galloway

Katie Brooks

Sybil S. Garren

Albert G. Ottaway

Mary Glasberg

Joseph L. Davis III

Anita M. Goldberg

David R. Goldberg

Mark M. Gratz

Betty W. Batkins
Warren & Nancy Winner

Clinton O. Hall

Ruth L. Hall

Homer J. Hall

Jayne C. Hall

Henry Hansen

Aimee C. Dohner
William Kampf
Ina, Marie & Marge Kingdon

Elsie Hardy

Gail P. Williams

James Hargroves

Gale Hargroves

Mollie Harrison

William Harrison

David R. Hench

DMS Management Services
Inc.
Mary E. Sherman

Lamar George Hoffman

Robert and Patricia Panels

Paul J. Hoffman

Patricia A. Hoffman

William Holt

E. Florence M. Holt

Mary Jean Hopper

Nancy P. Clark

Melvin L. Horne

Ella A. Horne

Charlie Hunt

Veterans of Foreign Wars of
The U.S.

Mary Huntz

Kelly J. Antunes
Joseph and Geraldine Huntz
Garry and Diana Lobzun

Robert L. Jackson

Phyllis Dominquez

Cogie Jacobs

Dudley and Patricia Carnie
William and Heather Carter
Col. William and Rita Rogers
Alan and Florence Salisbury

Nathan S. Jones

Susan Bevan
Frances D. Cherry

Vincent and Susan Cook
David A. and Helen P. Kerins
Jean T. Ladd
Caroline Lamberth
Elizabeth D. Liles
James and Ann Morriss
Winifred Russell
Andrew and Beatrice Schultz
Anna B. Simmons
Virginia W. Spencer

Raymond Jones

Irene Jones

James Keeney

Carolyn S. Keeney

Foncie Keirn

Shirley Keirn

Andrea Koob

John F. Koob

Kris Kritzler

Gunther G. Kritzler

Richard La Claire

Marion and Jack Blair
Elbert and Frances Bradberry
James and Frances Fitzpatrick
Jim and Martha Jacobs
James and Patricia Masi
W. M. and Stella Pope
Sandra Randle
Patricia Schnarr
The Department of
Technology at Norfolk
State University
Tracy Zimmerman

In Memory *continued*

Karen Laign

Ronald M. Laign

Cynthia R. Linkons

Constantine Beler
Melvin and Marsha Renn

Abraham Littman

Wilma Knight
Rosemary Krahnke and
Agnes Morgan

Robert H. Loving

G. Jean Howell
Ann M. Loving

Cynthia Ludwig

Barbara Myers

Douglas MacTaggart

Candace Newcomb-Miles
John and Junette Sharp

Barbara Martin

Lawrence R. Martin

Jean Matthews

June G. Brown

Georginna Meginley

Stickley Foundation Inc.

Wiley S. Merritt

Artie Pauline Merritt

Theo Mickle

Sharon A. Janack

Helen E. Miller

John R. Miller

Lyle Moeller

Mrs. Lyle Moeller

Sue Moir

Patricia H. Kirby
The Tony Mamone Family
& The Pinnacle Group

Ann Montero

Janis K. Krebs

William Mulvey

The Callahan Family
Cardiovascular Staff at
Sentara Williamsburg
Regional Medical Center

Joan B. Karl

Dorothy F. Morris
Lonnie R. Skyes Jr.
Gloria Thisdell

Dorothy Mwamlima

Deborah T. Mwamlima

Erma Norsworthy

Constance N. Knight

Lynn Nurmi

Clint and Pat Johnson
Leda L. Kliesing

Leon N. Old

Jean V. Old

Gregory Olive

El Rincon de Espana
James S. Nichols
Raffea Olive
Rafis Place
James and Ruby Smith

Spencer Overton

Sylvia G. Overton

Jerry A. Pacilio

Roseman P. Adams
George and Janet Bacon
Capitola H. Buchanan
Elaine K. Cline
Joan V. Craven
Edward Frame
Leonard S. Frieden
Donald J. Gillooly
Letcher Hudgins
The Kops & Aunt Mary
Vernon and Beverly Nye
Edward C. Oldfield Jr.
Barbara K. Peters
Jane K. Shubert
Daniel E. Sykes
Cecil Y. Tippet
Capt. Robert H. Wilson

Virginia Parrish

The Parrish Agency Inc.

Rafael Pena

Edna L. Diggs

Kimberly Pennington

Harry and Catherine
Pennington
Robin Pennington

Hazel Peters

Rebecca D. Humphries

Wayne Peters

First Senior Citizens of
Chesapeake
Clarence and Barbara
Holland

Willis Peters

Rebecca D. Humphries
Audrey and Steven O'Grady

Gene D. Pickering

Daniel and Norma Steinert

Helen Provost

Mr. and Mrs. Joseph S. Cross
Mr. and Mrs. Odell F. Dobson
Family Beauty and Barber
Inc. Tanning

Marion Raney

Belinda Raney
Lora Ann Raney

Barbara Regan

Evelyn Pacheco
Richard J. Regan

Thomas Riddle

Julia E. Riddle

Eddie Romm

Sheila Romm

Linda Ruegsegger

Willie W. Barnes
Capt. and Mrs. R. D. Frey
Peter and Jane Kafigian
Les and Cat Lascari
Patricia A. Mardirosian
Robert and Barbara
McCrudden
Princess Anne High School
Class of 1969
Hugh Ruegsegger
Paul and Ann Schellhammer
William and Susan Thesier
Betty and Jim Villers

Lee B. Russell

RADM T. B. Russell Jr. USN
Ret.

John Ryajek

Joseph L. Davis III

Thomas Ryan

Lena C. Baynes
Mary G. Bowie
Dorothy T. Gravatt
Edward and Janet Hoffman
Thomas and Candace
Sally R. McArn
James and Lorrie Nissley
Mary Price
Russell H. Sherrill
Dr. Ernesto and Elizabeth
Tanguilig
Capt. Robert H. Wilson

John W. Ryjacek

Ms. Helen M. Ryjacek

William E. Sams

Joan DeHaan
Richard Drescher Sr.
Winifred M. Roberts
James and Katherine Shaw
Albert Teich
Seeman Waranch

Brenda Scarano

Robert and Shirley Luddy

Melvin Seay

Terry M. Seay

Bernard Smith

Olynthia Smith

Hamilton M. Spivey

Margaret T. Spivey

Theodore Sprinkle

Alexanders Corner Team of
Wachovia Bank
William A. Jones
Local Union No. 272 AFL

Donald Stevenson

Maria C. Stevenson

Eleanor R. Sullivan

Hamilton R. Sullivan

Jenny Swierski

Faye E. Swierski

Elsie K. Thaiss

Rosanne T. Butler

Theresa Tompkins

B & P Electric
Patricia J. Brogan
Commercial Banking Group
Kathy Hoopes & Family
William and Judith
Sidebottom

Anne M. Virga

Jamie and Andrea Virga
and Family

Thomas Walker

Gloria Jean Walker

Ronald G. Welch

Terrie A. Welch

**Deaconess James Odessa
Butler White**

Steven and Elizabeth Brown

Richard E. Whitson

Mrs. Yvonne Whitson

Robert H. Williams

Janet Noe

Shirley Withers

Teresa M. Dixon

Franklin Wood

Helen Allain
Donald and Margaret Blecha

Harold C. Wornom

Karl and Patricia
Schaffenburg

Eloise B. Worrell

Joan L. Barry
Karen D. Freck
Jimmi P. Mayo
Suzann K. Stimpert

Sarah Yarrington

Brenda B. Pope

CEO's Generosity Makes A Path to Peace and Healing

Incorporating outdoor spaces has become an important part of the hospital healing environment. David L. Bernd, CEO, Sentara Healthcare and his wife, Helen, recognized this growing trend across the country and saw the opportunity to honor their parents with a special place for peace and healing.

Imagine a spiral path that leads to the center of a circle surrounded by a beautiful garden. Then imagine getting lost for a brief moment away from your troubles. This is the face of a Healing Labyrinth (pictured below). Just walking along its smooth contours can provide a sense of calm, peace, and spiritual connection.

David and Helen made a gift to construct two such labyrinths, one at Sentara Virginia Beach General Hospital and the other at Sentara Williamsburg Regional Medical Center. The gift was made in memory of Helen's father, Mr. George Menge, and David's mother, Mrs. Elizabeth Bernd.



David and Helen Bernd

David hopes that the labyrinths will provide “a quiet place for contemplation” for patients, their families, and the general public. In fact, he wants everyone to know that the labyrinths are a community resource for all who wish to experience them. David believes that healing is “a blend of science and art with a spiritual aspect.” He maintains that “man can often cure an illness, but the spiritual nature of healing is so important.” His hope is that the labyrinths will help people experience the spiritual side of healing with a holistic journey to improved health.



Patient and family, accompanied by Chaplain George Rodriguez, enjoying the labyrinth at Sentara Virginia Beach General Hospital.



Sentara Virginia Beach General Hospital labyrinth in the Mary Winder Garden.

Contributors

The following individuals, corporations, civic groups, and organizations have made gifts to the Sentara Health Foundation. The donations reflect gifts made from July 1, 2006 to December 31, 2006.

Sentara Bayside Hospital

Suzanne L. Cobb
David R. Goldberg

Sentara Cardiac Research Institute

Michael M. Dudley
Richard Kline
G. Gilmer and Charlotte Minor
Dr. Marion G. Robertson
Michael V. Taylor

Sentara CarePlex Hospital

Jean W. Bowden

Sentara CarePlex Hospital - Cancer

Melodie A. Brady
Burnette S. Brown
Alexis D. Davis
Shirley J. Dukes
Valerie S. Lenihan
Charles E. McNeil
Belinda Risher

Sentara Coastal Cancer Resource Center

Marjorie Hill
Shannon M. Leonard

Sentara Heart Hospital

Leonardo A. Alemania
John T. Atkinson
Alfred L. Brassel
Irene Buchanan
Joyce Costen
Jean F. Council
Robert G. Curran
Anne S. Daughtrey
Ramon P. Deans
Michael M. Dudley
Samantha M. Dutcher
Eva H. Ford
Alfred T. Forde
James E. Forrester
Robert C. Fort
Janice R. Garland
H. E. Hagler
Wende Hall
Yolanda Hampel
Edward P. Hart
Zeb Holt
Lydia B. Kapetanakis
Frances E. Kight

Richard Kline
Virginia T. Lawrence
Larry Mackey
Patricia J. Matous
G. Gilmer and Charlotte Minor
Eleanor M. Morrison
John E. Ormond
Hersey G. Pierce
Cynthia L. Rodgers
LaFrancis Rodgers
Roberta A. Schaaap
David B. Schinderle
Anek Siriphasraphorn
Barbara D. Taylor
Michael V. Taylor
Dorothy G. Tripician
Dorothy Urban-Koba
Janice M. Vaziralli
Debbie D. Winesett

Sentara Heart Hospital - Cardiac Health Improvement

Robert and Renee Broermann

Sentara Heart Hospital - Transplant

Sylvia L. Evans

Sentara Hospice - Camp Lighthouse

Eloise B. Agee
Annabelle Ambrosio
Auxiliary Sentara CarePlex Hospital
Alice Baine
Dorothy Y. Bickmore
Elizabeth Theresa Brown
Patricia A. Brown
Claramont J. Clifton
Janet W. Colenda
Bettie M. Cooper
Fernand Dautruche
Carolyn T. Elliott
Rowland F. Filer
Patricia A. Finley
Valre J. Fuller
Bella Hanson
Robert T. Hasler
Linda S. Hawkins
Cambrai L. Hayes
John B. Hewett
Betty D. Hodges
Marianne A. Holt

Lois W. Imfeld
Elva M. Kendrick
Jeanne S. Kinnamon
Judith C. Larson
Max & Erma's Rookwood Commons
Frankie A. McHenry
Ruth A. McMahan
Maire T. Muccioli
Margaret K. O'Hare
Billy R. Overman
Judith S. Perry
Lois J. Reesman
Richard W. Ruehe
Karen R. Shoberg
Mary Hunt Smethurst
Mary H. Smith
Bonnie W. Speight
Virginia B. Tarrall
Dorothy G. Tripician
USI Insurance
James D. Via
Danna Y. Vroman

Sentara Hospice - Chesapeake

Jack R. Baker
Gretchen E. Bedenbaugh
Cancer Care Foundation of Tidewater
Margaret C. Cicirelli
Claramont J. Clifton
Diane Darcey
Mariska R. Gibson
Hugh J. Gorman
James S. Harrington
Patricia Joyner
Mary G. McGhee
Rebecca C. Moye
Mary R. Taylor
John C. Whistler
John K. Willis
Laura B. Zeisberg

Sentara Hospice - Hampton

Auxiliary Sentara CarePlex Hospital
Bionetics Corporation
Deanna Edwards

Sentara Hospice - Virginia Beach

Peter P. Vispo

Sentara Hospice - Williamsburg

Joyce M. Cobb
Hospice Support of Williamsburg
Shirley T. Keyes
Colleen M. Mueller
Lemuel B. Redcross
Sandra D. Yancy-Smith
Charles E. Wilhelm

Sentara Leigh Hospital

Alice Baine
First Feetings Division of Gallagher & Associates
Renee Heyman
Jean C. Old
Walter E. Vest

Sentara Norfolk General Hospital

Cielo Aguinaldo
Anita Cooney
Thong V. Do
Wilfred A. Howard
Barry A. Minsberg
Shirley R. Mitchell
Charles V. Pritchard
Caroldine G. Wallace
W. R. Wilson
Eugene W. Wright

Sentara Norfolk General Hospital - Cancer

Edith W. Alley
Herbert R. Cooke
Kathy W. Harper
Warren D. Morton
Gwendolyn M. Parker
Susan C. Tanner
Debbie M. Tillman

Sentara Norfolk General Hospital - Special Care Nursery

Mildred P. Clendenon

Sentara School of Health Professions - Nursing

Shirley Wharton

Sentara Virginia Beach General Hospital

Susan E. Bohlinger
Mary A. Cupper
Harrison Hubard
Patricia A. Malloy
Patrick E. O'Keeffe

Sentara Virginia Beach General Hospital - Cardiac Excellence

Michael M. Dudley
G. Gilmer and Charlotte Minor
Michael V. Taylor
George S. Walsh

Sentara Virginia Beach General Hospital - Special Gifts

Bernice A. Schoenbaum

Sentara Williamsburg Regional Medical Center

Robert R. Denis
Nancy L. Eleuterius
Margaret K. O'Hare
Helen W. Seward

Estates-Trusts

Sentara Nightingale

Edwin S. Buck

Sentara Virginia Beach General Hospital

Clara Baird

Grant Awards

Sentara Virginia Beach General Hospital

Robert Wood Johnson Foundation

Sentara Health Foundation Online

www.sentara.com/foundation

H.O.P.E. Fund

The H.O.P.E. Fund (Helping Overcome Personal Emergency) is an emergency assistance fund for employees funded by employees.

The following individuals reflect new H.O.P.E. Fund employee donors from July 1, 2006 to December 31, 2006.

Irene E. Agbeve
Brenda L. Agnew
Christine E. Ambler
Rayna M. Amoreno
Traci D. Anderson
Kris J. Andre
Linda C. Arena
Mark N. Augustine
Erin A. Barnette
Kimberly A. Barton
Brenda Bell
James Bell III
Tiffany Bertolacci
Lynnese Bland
Tanicka Bland
George W. Booker
Jeanette Boyd
Glinda M. Brickhouse
Kenneth E. Bridges Jr.
Jonathan F. Bromberg
Carol J. Brown
Miranda Bryant
Dawn M. Burnett
Sheila M. Burns-Butler
Sonia Carter-Lee
Kimberly M. Caskie
Heather Chessick
Gregory I. Coffman
Judith A. Collard
Lorraine Cooper
Ms. Janene S. Cowles
Pearl B. Cox
Dana L. Crosby
Anna C. Crowe
Lalonda P. Daniely
Jamie L. Darden
Kristal M. Darnall
Russell Davis
Valerie Davis
Terence Dawson
Karen F. Dayton
Danny L. Dewitt
Emily Drewiske
Carol Ann Drozdowski
Helen Drummond
Peggy M. Dupont
Elizabeth L. Durham

Dominick A. Earl
Patricia A. Faussett-Beverly
Katie M. Fill
Debra Flores
Jacqueline B. Foster
Mazie Franklin
Linda K. Frey
Howard L. Gales Jr.
Robert C. George III
Cordell H. Gomez
Sandra G. Grandison
Ilham C. Grant
Joel P. Gravitt
Ellen D. Gray
Christine Griffin
Martha F. Griffin
Robert L. Griggs
Jennifer K. Grimes
Katia M. Guerrier
Valerie Gurioli
Keith B. Gustafson
Tabetha L. Habegger
Tracy Hall
Brian T. Harmon
Viola E. Harper
Jayasree Harris
Vonda N. Hayes
Audley James
Erin E. James
Maria S. Jansson
Donna Johnson
Daniel G. Kean II
Caroline M. Kersten
Kristine R. Kiley
Vanetta D. King
Patricia Klucz
Marzanna Krauze
Shani D. Kreager
Janine Lackey
Sharon Lafitte
Phillip Lanzafame
Courtney T. Lawson
Jennifer L. Leppert

Michael C. Lewis
Phillip Lewis Jr.
Bartholomew M. Lopresti
Elliott Lucas
Angelina Martinez
Nikki May-Jones
Holly M. Mcgee
Andrew C. McMahan
Eric S. Melcher
Brenda L. Miller

Theresa R. Owens
Cheryl L. Pachuillo
Simona Parvulescu-Codrea
Elizabeth Payne
Mindy J. Petit
Wendy Phillips
and Ms. Aleta Pine
Vikki L. Ponack
Christopher D. Pond
Jennifer L. Powers

Laura A. Rochinich
Lisa A. Rombach
Jeanette E. Rose
Ralph R. Rosignolo Jr.
Carol L. Ross
Terilyne E. Ross
Carol Sale
Cynthia C. Sanders
Jessica S. Schmor
Joanna G. Sexton
Jennifer Shelton
Jeff K. Sletten
Amanda Smith
Laurie S. Sneed
Holly L. Snyder
Jacqueline P. Staten
Ryan C. Steel
Nikki T. Stokes
Kimberly Sumrell
Nicole R. Sutherland
Mary Tadiello
Sabrina Taylor
Konstantinos D. Theodorakis
Keonte' A. Tuggle
Terry R. Tutwiler
Shavonnah Y. Upchurch
Kia D. Vinson
Karen J. Ward-Lilly
April L. Watson
Lynn M. Watson
Brooke E. Welch
Ebony J. White
Linda S. Whitt
Carrie Wiggins
Nanette C. Wilburn
April L. Willcox
Maurice Williams
Glenda L. Williams-Holley
Laurie M. Willis
Leslie Wills
Stacy M. Wilson
Deborah Wood
Vanessa D. Woodard
Lauren C. Woodruff
Linses N. Yellock
Kimberly S. Zawiskie



Crystal L. Miller
Kevin L. Miller
Joseph Minor
Anthonette P. Miralles
Robin L. Monroe
Julie A. Morris
Tina D. Moses
Christine M. Ohlstein
Margaret Ohuruogu
Connie Owens
Sharrin D. Owens

Amanda Prescott
Tracy O. Putt
Madelyn C. Rawls
Kara Raymundo
Gerald E. Reason
Tiffany Reed
Veronica J. Reid
Susan Ressler
Jay Richardson
Tracy Richardson
Kathryn B. Rioux

SENTARA HEALTH FOUNDATION

6015 Poplar Hall Drive, Suite 308
Norfolk, VA 23502

www.sentara.com/foundation

Non-Profit Org.
U.S. Postage
PAID
Norfolk, VA
Permit No. 156



Your community, not-for-profit health partner

To be removed from
future mailings of this kind,
please call the Sentara Healthcare
Privacy Contact Line at
(757) 857-8494.

A True Friend – Dedicated to Touching Lives

After retirement, Leon N. Old wanted to give back to the community he loved. In 1994, he became a well-known volunteer at Sentara Norfolk General Hospital. He could be found at the cath lab waiting room visiting patients and their families to provide comfort and friendship.

“He was a caring, compassionate person. He believed in giving to the community. He said, ‘you’re supposed to give back to your community.’”

– JEAN V. OLD,
about her husband,
Leon Norfleet Old



Jean V. Old

In 2001, Leon died at the age of 62. His wife, Jean, wanted to honor his memory and do something special for the community. Knowing that her husband, Leon, spent many hours volunteering in the cardiac department, she felt it was only fitting that a medical education program focused on cardiac care be presented in his memory. Jean made a generous \$5,000 contribution to sponsor a Continuing Medical Education (CME) program.

The program, held in October 2006, was a proud moment for Mrs. Old as she has been a nurse for 44 years and her daughter-in-law is a nurse practitioner at Sentara Ambulatory Care Clinic.

Leon and Jean Old have positively touched many lives in the Hampton Roads community. Donations to educational programs have a special purpose by reaching those who touch others.