

## GENERAL TIME EXPECTATIONS FOR A UNIT OF CPE

Each unit of CPE is planned to achieve *at least* 400 clock hours to satisfy ACPE (2005) Standard 308.1. Sentara seeks to exceed minimum expectations. A description of typical minimum weekly time expectations is found below.<sup>1</sup>

<i>Typical <u>Minimum</u> Weekly Totals, Full-Time Unit of CPE, 2007<sup>2</sup></i>	
	<b>Hours/Week</b>
Pastoral Visitation, Rounds, and On-Call <sup>3</sup>	30-40
Structured Learning (Seminars/Supervision)	10
Homework (Reading, Writing, Research, etc.)	6-10 <sup>4</sup>
Miscellaneous (Administration)	2
Approximate Total Weekly	48-62
Minimum Total for Unit	440 <sup>5</sup>

<sup>1</sup> In order to achieve the 100 hours of structured learning, absences or “cuts” must be avoided. All missed time must be “made up” as arranged with the supervisor, and with peers.

<sup>2</sup> A Full-Time unit of CPE may be either a full-unit [or half-unit] of CPE. Extended (part-time) units of CPE have different weekly time expectations.

<sup>3</sup> Duty hours vary depending on clinical rotation. For example, the normal workday for the ED Evening Rotation is 4:00 p.m. to midnight plus CPE seminar times. The Surgery/Trauma Rotation duty hours for most days are from 6:00 a.m. – 3:00 p.m. Other rotations are usually from 8:00 a.m. to 5:00 p.m. All rotations, except for the ED Evening Rotation also require at least one day per week of after-hours in-house rounds (5:00-9:00 p.m.) plus on-call (first or second call as scheduled) for the remainder of the night until 8:00 a.m. This information is provided as a general guideline and may vary as need arises. In-house duty hours in any given week will never exceed 60 hours (not including homework), and rarely that.

<sup>4</sup> The number of hours for homework and reading may vary widely from person to person.

<sup>5</sup> The minimum total for a half-unit of CPE is 240 hours, of which at least 60 hours are structured learning.