

High Risk OB Program at Sentara Norfolk General Hospital

A comprehensive program for high-risk pregnancies includes inpatient care and consultation, maternal transport, inpatient fetal diagnostic services, and advanced obstetric ultrasound.

Sentara's Inpatient High Risk OB Unit, located at Sentara Norfolk General Hospital's Women's Health Pavilion, is staffed by perinatologists and nursing staff with advanced certification in high-risk obstetrics. Our facility includes:

- 11 high risk LDR beds, with 2 beds equipped for invasive hemodynamic monitoring.
- A 48-bed Special Care Nursery with capabilities for central arterial/venous umbilical catheters, constant pressure monitoring, administration of TPN, and maintenance of pressor medications, respiratory support (hood oxygen, nasal CPAP, neonatal mechanical ventilation, and administration of surfactant).
- For subspecialty nursery care, we are physically attached to the Neonatal Intensive Care Unit at Children's Hospital of The King's Daughters.

-----THE INPATIENT HIGH RISK OB PROGRAM FEATURES:-----

- **INPATIENT CONSULTATIONS** at Sentara Norfolk General Hospital or at any other facility for medical and surgical complications of pregnancy.
- **ANTEPARTUM FETAL DIAGNOSTIC/ASSESSMENT** with the Modified Biophysical Profile (MBPP), involving both fetal heart monitoring and ultrasound evaluation of amniotic fluid volume. A perinatologist is available for consultations 24 hours a day.
- **ADVANCED OB ULTRASOUND SERVICES** include targeted ultrasound, fetal cardiovascular evaluation with echocardiography and Doppler ultrasonography, and pelvic ultrasonography. Our OB Ultrasound services are fully accredited by the American Institute of Ultrasound Medicine.
- **MATERNAL TRANSPORT**, with a quaternary level of care for all aspects of pregnancy complications. A multidisciplinary approach includes the services of perinatologists, neonatologists, high-risk OB nurses, social workers, registered dietitians, case managers, air transport system, and a Medical Transport coordinator. Regularly scheduled transport reviews are also held at referring hospitals.

FOR INPATIENT REFERRALS, PLEASE CALL (757) 668-3308 OR 1-800-237-4822

Sentara's Outpatient High Risk OB Program is coordinated with the Eastern Virginia Medical School Division of Maternal-Fetal Medicine. The following outpatient services and support are provided through MFM and Sentara:

- Outpatient Consultations
- Preconceptual Counseling
- Nutritional Counseling
- Reproductive Genetics
- Comprehensive Prenatal Care
- Targeted Ultrasound
- Amniocentesis
- Chorionic Villous Sampling
- Fetal Blood Sampling/Fetal Transfusions
- Case Management
- Eastern Virginia Perinatal Council (EVPC)
- Educational Support

Specialty Outpatient Programs include:

- Diabetes in Pregnancy Program
- Adolescent Pregnancy Program
- Tidewater Region AIDS Clinic for Pregnancy (TRAC)
- Perinatal Bereavement Services
- Lactation Program
- Guest Services

FOR OUTPATIENT REFERRALS, PLEASE CALL (757) 446-7900

