



Remember:

These instructions summarize important information on induction of labor and are intended to serve as information only.

Please ask your Health Care Provider about any questions or concerns you may have.

Your Scheduled Induction Date and Time Is:

On the Day of Your Induction:

- Call the maternity unit one to two hours before coming in to check for bed availability:

Sentara Leigh Hospital
(757) 466-6030

Sentara Norfolk General Hospital
(757) 668-3308

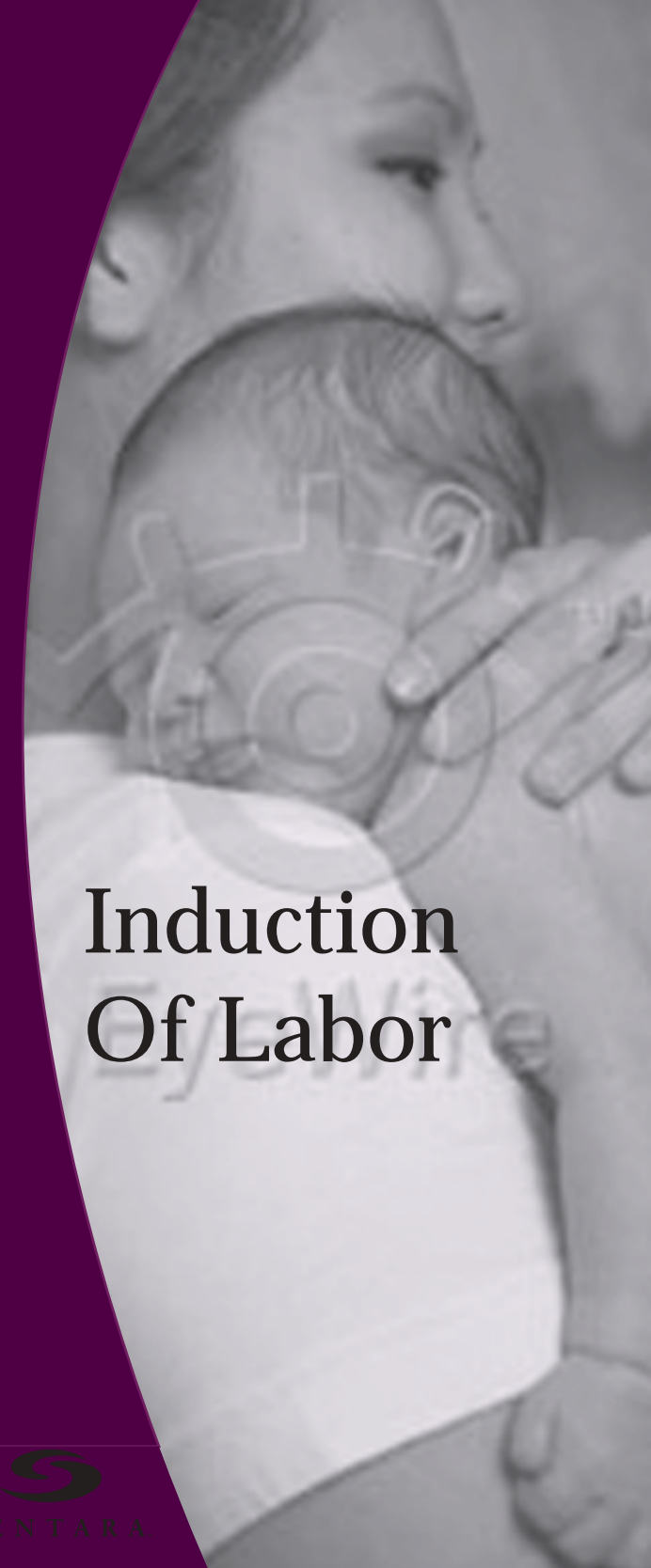
- If there is not an available bed at the time you call, please provide a phone number where you may be reached so we can contact you to come in later that day or reschedule you for another day if necessary. Your health care provider will be notified.
- If there is an available bed, go directly to the maternity unit to be admitted at your designated time.

Sentara Leigh Hospital
2nd Floor
Family Maternity Suite

Sentara Norfolk General Hospital
4th Floor
Women's Health Pavilion



www.sentara.com/womens



Induction Of Labor





What Is An Induction Of Labor?

Induction of labor means to initiate uterine contractions by artificial means to achieve the delivery of your baby. Your health care provider has decided that you need to be delivered before the onset of spontaneous labor.

How is it done?

On admission you will be placed on a fetal monitor to monitor your baby's heart rate and your contractions. An enema may be given if ordered by your health care provider.

There are several ways your health care provider may elect to induce your labor:

- Rupture of Membranes - the health care provider breaks your bag of water with a small hook.
- Oxytocin/Pitocin - a medication given through your vein.
- Cervical Ripening - this procedure involves the insertion of suppositories, gel or tablets into your vagina or cervix. This may also require you to be hospitalized the night before your induction and may involve 1-3 days.

Important Things For You to Know

- Induction of labor may be a longer process than spontaneous labor. Your healthcare provider will give you instructions on what to eat before coming in:

- Induction of labor is a scheduled procedure and an active laboring patient may take priority, which would not allow you to come in as scheduled.

- Visitors are limited to 2 plus your support person (such as your husband or significant other). No children under 12 years of age are allowed on the unit except brothers and sisters of the newborn baby.

Children May Not Stay Overnight and must be supervised by another adult at all times.

- Video taping is allowed during delivery with your physician's approval, but only from the head of the bed. Please discuss this with your health care provider. There is no videotaping allowed in the operating room. Video taping in the nursery is restricted to protect the patient's confidentiality and infant security.

- Pain management during labor should be discussed with your health care provider.

- Your induction process may include one of these outcomes:

- Vaginal Delivery
- Cesarean Section - only one visitor is allowed in the operating room.
- Discharge home undelivered.

- Any questions or concerns should be addressed with your health care provider.

