

Why participate in a clinical trial?

By participating in a clinical trial, you are taking a more active role in your own health care and gaining access to new research treatments before they are widely available. You are also helping future generations by contributing to medical research.

What are the benefits for trial participants?

By participating in a research study, you may benefit from more frequent follow-up visits with your physician and the additional care provided to study participants. You can also feel good knowing that the information learned from the study will benefit patient care in the future.

What should people consider before participating in a clinical trial?

If you are thinking of taking part in a clinical trial, find out as much as you can about the study. Here are some important questions to ask:

- What is the purpose of the clinical trial?
- What kinds of tests and treatments does the trial involve and how are these tests conducted?
- Why do researchers believe the experimental treatment being tested may be effective? Has it been tested before?
- Who is sponsoring the study? Who has reviewed and approved it?
- What are the possible risks, side effects and benefits of the study and how do they compare with my current treatment plan?
- How might this trial affect my daily life?
- How long will the trial last?
- Will the trial require extra time on my part?
- Who will pay for the experimental treatment?
- Will I be reimbursed for other expenses?
- Will results of the trials be provided to me?

Giving to SCRI

Your generous donation to SCRI is a significant factor in helping to develop new cardiovascular treatments and technologies that will enhance patient care and clinical outcomes. Your contribution will be used for new research and educational programs. We thank you for your support of our ongoing efforts, and your community thanks you too.

Your support of SCRI is needed to advance the heart care of those in Hampton Roads. For more information on giving opportunities, please contact the Sentara Health Foundation at 757-455-7233.

SENTARA CARDIOVASCULAR RESEARCH INSTITUTE

John Herre, MD
Scientific Director

Jeffrey B. Rich, MD
Scientific Director

Jennine Zumbuhl, MSHA, RN, CCRC
Manager

600 Gresham Drive
Norfolk, Virginia 23507
Phone: 757-388-5480
Fax: 757-640-1665



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Your community, not-for-profit health partner

SENTARA CARDIOVASCULAR RESEARCH INSTITUTE



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The Sentara Cardiovascular Research Institute (SCRI) was established by Sentara and its cardiac physicians to advance the understanding and treatment of cardiovascular disease, the nation's #1 killer. At SCRI, the talented and uniquely qualified staff of physicians and registered nurse research coordinators have extensive experience in collaborating with government agencies and biomedical companies that sponsor clinical research trials.

Many of the trials we participate in are nationally and internationally recognized. They have been designed to identify new, improved treatment methods and protocols, while at the same time eliminating therapies and approaches to clinical care that are not as effective or may have been shown to be harmful. Ultimately the work of SCRI enables Sentara physicians and clinicians to improve clinical care delivery, patient outcomes and the overall health of our community.

Our Mission: Dedicated to enhancing and promoting education and research in cardiovascular services. We provide comprehensive centralized research administration and clinical research services to enable interested physicians and scientists to conduct cardiovascular research to improve clinical care delivery, patient outcomes, and the overall health of the community.

Our Purpose:

The SCRI supports research to:

- Contribute to medical and scientific learning in the field of cardiovascular services
- Provide access to medical innovations including new technology, investigational drugs and devices, and novel approaches to care delivery
- Improve the health status of residents in the community through outcomes research and population-based studies
- Provide educational opportunities for professionals about the research process

To accomplish our mission, SCRI will develop partnerships and collaborate with governmental agencies, private foundations, payors, and others within the health care industry.

Compliance

At SCRI, we comply with all federal regulations directing research conduct as well as with all human subject protection processes currently in place to guide clinical research trials. Each study in which SCRI participates, meets the rigorous approval of an independent Institutional Review Board (IRB), a formal panel consisting of physicians, other health care professionals and lay people who carefully examine each study to make sure patients' rights are protected and risks to trial participants are minimized. The IRBs that oversee the research efforts of SCRI are Eastern Virginia Medical School (EVMS) IRB, based in Norfolk, Virginia, and Chesapeake Research Review, Inc., based in Maryland.



For additional information on SCRI, to enroll a patient, or to determine if you are eligible to enroll, please call 757-388-5480.



Clinical Trial Questions and Answers

What is a clinical trial?

A clinical research trial is a research study conducted on patient volunteers to evaluate a new medical treatment, drug or device. The purpose of a clinical trial is to find new and improved methods of treating diseases and medical conditions.

Types of Clinical Trials

Treatment Trials – test experimental treatments, new combinations of drugs or new approaches to surgery or procedures.

Prevention Trials – look for better ways to prevent disease in people who have never had the disease or to prevent a disease from returning. These approaches may include medicines, vitamins, vaccines, minerals or lifestyle changes.

Diagnostic Trials – are conducted to find better tests or procedures for diagnosing a particular disease or condition.

Screening Trials – test the best way to detect certain diseases or health conditions

Quality of Life Trials – explore ways to improved comfort and the quality of life for individuals with chronic illness.

Who can participate in a clinical trial?

All clinical trials have set criteria specifying who is eligible to participate. The criteria used are based on such factors as age, gender, type and stage of disease, previous treatment history and other medical conditions. The criteria help to ensure that researchers will be able to best answer the questions being asked in the study.