Sentara Healthcare
PGY1 Pharmacy Residency Program
Hampton Roads, Virginia
Sentara Healthcare is a non-profit health services organization whose unique integration of people, processes, and technologies has made it the number one provider of innovative healthcare services in the greater Hampton Roads area and a nationally recognized leader in the healthcare industry.

**THE SENTARA HEALTHCARE 2017 STRATEGIC PLAN**

Sentara created a new strategic plan which outlines the direction for our continued success in delivering quality care and exceptional service. This plan builds upon our previous plans and propels Sentara to new levels of excellence in our march towards 2022.

- The Sentara Healthcare 2017 Strategic Plan is designed to embody:
  - Our Mission: We improve health every day
  - Our Values: People, Quality, Patient Safety, Service and Integrity
  - Our Vision: To be the healthcare choice of the communities we serve

**REGION & POPULATION SERVED**

Sentara Healthcare serves over two million residents throughout Virginia, including the communities of Newport News, Hampton, Virginia Beach, Chesapeake, Norfolk, Portsmouth, Suffolk, Prince William and surrounding counties Woodbridge, Harrisonburg, and Charlottesville. We have extended our coverage to additional facilities in northeastern North Carolina.
**SENTARA HEALTHCARE | BY THE NUMBERS**

- **130** Year Not-for-Profit Mission
- **3** States Served (VA, NC & OH)
- **28,000+** members of the team
- **4** Medical Groups, 1,000+ Physicians & APCs
- **5,000+** Medical Staff Members
- **500+** Sites of Care
- **12** Hospitals
- **8** Magnet Nursing Hospitals
- **500,000** Member Health Plan

**Mission: We Improve Health Every Day**

**SENTARA COMMUNITY BENEFIT**

**IN 2018, WE LIVED OUR MISSION THROUGH THE CARE OF AND REINVESTMENT IN OUR COMMUNITY.**

- **$354,121,000**
  Uncompensated Patient Care
- **$33,768,000**
  Health & Prevention Programs
- **$2,086,000**
  Teaching & Training of Healthcare Professionals
- **$389,975,000**
  Total Community Benefit Provided in 2018

Every day an average of 66 patients seek care at Sentara hospitals who have no ability to pay for care. These services range from emergency visits to life saving trauma care. 20% of our emergency department visitors are uninsured, an average of 427 patients per day.
SENTARA AT A GLANCE

Best Hospitals
U.S. News & World Report (17+ Years)

America's Best Employers
Forbes (2018)

Top 15 Health System
IBM Watson Health (2018)

Magnet Recognition Program®
8 Sentara hospitals have earned this designation from the American Nurses Credentialing Center

SENTARA HEALTHCARE
2017 Strategic Plan

Our Mission
We improve health every day

Our Values
People, Quality, Safety, Service and Integrity

Our Vision
To be the healthcare choice of the communities we serve

#1 Strategic Imperative
Clinical Quality and Safety

Achieve Better Health for Our Members and Patients
- Partner with patients, members, and their families to achieve better health outcomes and help prevent future problems.
- Align with clinicians to reduce unnecessary variation, achieve top quartile performance and lower total cost of care.
- Provide high-quality comprehensive care that is cost-effective for all members and patients and meets the needs of the growing Medicare population.

#2 Strategic Imperative
Customer Centricity

Provide an Exceptional, Desired Experience
- Redesign access and service delivery based on the desired experience of our members and patients.
- Address the unique needs of those with chronic disease.
- Form lifelong relationships with customers assisted by personalized digital solutions.

#3 Strategic Imperative
Growth and Innovation

Grow Existing and New Markets
- Grow organically in our existing markets.
- Build innovative care delivery models and health plan products to attract and retain new customers.
- Expand to new markets through mergers and affiliations.

Sentara.com | Proprietary and Confidential 2019
Sentara Rotation Sites

525-bed tertiary care facility located on a large medical campus that includes Children’s Hospital of the King’s Daughters (CHKD) and Eastern Virginia Medical School (EVMS)
Recognized as the number one ranked hospital in Virginia in the 2013-2014 America’s Best Hospitals U.S. News & World Report
Regionally and nationally known for highly-specialized services, including a high-risk pregnancy center, in-vitro fertilization, burn and trauma services, transplant, microsurgery, and reconstructive surgery
Recognized as the area’s only Level I trauma center, home of the region’s only air ambulance “Nightingale,” and the nation’s first electronic intensive care unit (eICU)

224-bed hospital featuring technological advances such as digitized x-rays and “smart” operating rooms
Extension of eICU allows uninterrupted monitoring of critically ill patients
Features the region’s largest and most advanced emergency department
Specialties include cardiac, orthopedic, neurology, women’s health, neurosurgery, cancer care, gastrointestinal and outpatient services

250-bed hospital located on the border of Norfolk and Virginia Beach
Specializes in orthopedics, advanced imaging and gynecological services
Family Maternity Suite features 16 labor, delivery, recovery, and postpartum (LDRP) suites and nine additional beds for other obstetric patients
Provides hyperbaric oxygen therapy for patients with major wounds, decompression sickness, and carbon monoxide poisoning

276-bed acute care facility providing services in cardiology, oncology, orthopedics, and neuroscience
Specialty services include open-heart surgery, a Diabetes Treatment Center, and the Coastal Cancer Center, an affiliate of the Cancer Center at the University of Virginia
Recognized as a Level III trauma center
Represents an important component in Sentara’s commitment to establish a lifetime relationship of care with area residents
- Optima was founded by Sentara in 1984 as the region’s first healthcare plan, and is now southeastern Virginia’s largest HMO
- Sentara Family Care, underwritten by Optima Health Plan, is the largest Medicaid HMO in Virginia
- Sentara Health Management HMO has a Provider Network of more than 2,000 physicians, 13 hospitals, convenient urgent care sites, and innovative facilities

- Sentara Medical Group, a division of Sentara Healthcare, is comprised of over 400 primary care and specialty physicians
- Within our innovative model, care is provided for thousands patients across Hampton Roads, Northeastern North Carolina and Northern Virginia
- Residents use electronic medical records and other new tools to provide better coordination across the continuum of care during a year-long longitudinal ambulatory care rotation

**Pharmacy Services**

- Sentara features a dynamic pharmacy practice model of deployed clinical pharmacists in patient care areas, serving as an integral part of the healthcare team. Our pharmacists provide extensive clinical services, including drug therapy management of pharmacokinetics, total parenteral nutrition, anticoagulation, renal dosing, parenteral conversions, and clinical research. Most clinical programs are protocol driven, giving our pharmacists autonomy.

- Sentara’s Medication Safety Program is second to none, recognized nationally with two recent ASHP Best Practice Awards and an ISMP “Cheers” Award.

As one of America’s 100 Most Wired hospitals, Sentara provides advanced information technology with a clinical screening and alerting system, online information resources, and clinical documentation. All Hampton Roads hospitals have automated drug distribution and complete electronic medical records along with computerized prescribed order management.

- At Sentara, pharmacy residents will interact with Eastern Virginia Medical School (EVMS) care teams in an academic rounding environment, participate in multidisciplinary patient care conferences, and round in community hospital environments.
ASHP-Accredited Residency Program

THE RESIDENT IS EXPECTED TO:
1. Develop a solid foundation of pharmaceutical skills and knowledge
2. Obtain the ability to apply those skills and knowledge in a practical setting
3. Apply the knowledge gained during the residency to his/her future career

PURPOSE STATEMENT
To build on the Doctor of Pharmacy (Pharm.D.) education and outcomes to contribute to the development of clinical pharmacists responsible for medication-related care of patients with a wide range of conditions, eligible for board certification, and eligible for postgraduate year two (PGY2) pharmacy residency training.

OVERVIEW
The program is designed to be a twelve month post-graduate training experience composed of six mandatory rotations and four elective rotations. The goal of our residency program is to train residents in the proper management of medications, provide evidence-based patient-centered medication therapy management, work with other health care professionals in managing patients in an inpatient and outpatient setting, exercise leadership skills, demonstrate the ability to manage their time and prioritize when given multiple tasks, provide medication counseling and practice-related education, and utilize medical references.

STIPEND & BENEFITS
A yearly stipend will be paid to all residents. Health insurance will also be provided at a nominal cost. Residents will receive four and a half weeks of paid vacation and sick leave. Travel assistance will be given for continuing education events and professional conferences.

FACULTY APPOINTMENT
Residents are eligible for faculty appointments in the Virginia Commonwealth University/Medical College of Virginia and Hampton University School of Pharmacy. Additionally, residents are extended the opportunity to earn a Teaching and Learning Certificate through Virginia Commonwealth University.

RESIDENCY REQUIREMENTS
1. Design and conduct a formal research project of publishable quality and present at the Research in Education and Practice Symposium (REPS) in Chapel Hill, North Carolina
2. Write a formal drug monograph and present to the Sentara Pharmacy and Therapeutics Committee
3. Precept students on clinical rotations
4. Staff every other weekend throughout the pharmacy practice residency
5. (Optional but encouraged) Attend the ASHP Midyear Clinical Meeting and Spring Residency Conference
### Required Rotations

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<tr>
<th>Rotation</th>
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<tbody>
<tr>
<td>Administration/Drug Information</td>
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<tr>
<td>Ambulatory Care</td>
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<tr>
<td>Sentara Medical Group</td>
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<tr>
<td>Critical Care - Trauma, Surgery, or Medical ICU²</td>
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<td>Internal Medicine²</td>
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<tr>
<td>Nutrition²</td>
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<tr>
<td>Transitions of Care</td>
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### Elective Rotations

<table>
<thead>
<tr>
<th>Rotation</th>
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<tbody>
<tr>
<td>Cardiology</td>
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<tr>
<td>Emergency Medicine</td>
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<tr>
<td>Geriatrics (Hybrid Inpatient/Ambulatory Care)</td>
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<tr>
<td>Infectious Disease (Available at Community Hospitals and Eastern Virginia Medical School Rounding Service)</td>
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<tr>
<td>Oncology</td>
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<td>Informatics</td>
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<td>Managed Care Optima Health</td>
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<td>Medication Safety</td>
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<td>Nephrology (Physician Involvement)</td>
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<tr>
<td>Pediatrics (Children’s Hospital of the King’s Daughters)</td>
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<td>Transplant</td>
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1 Required rotations may be repeated as elective choices
2 Available at multiple sites

**For more information about the residency program, contact:**

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Application through PhORCAS
[http://www.ashp.org/phorcas](http://www.ashp.org/phorcas)

For additional information—search “pharmacy” on our website:

*Application Deadline is December 26th*