June 10, 2016
Sentara Neuroscience Conference:
Challenges in Neuroscience Care

Program Overview: This one-day conference will review advances in the care of the neuroscience patient from a multidisciplinary perspective to provide updated medical information for primary care providers to enhance optimal patient outcomes. This activity will review leading edge advances in the care for dementia, stroke, headache, tremor, back pain, and access to care. An invigorating Town Hall discussion between topic experts and the conference participants will address the many challenges of access to care in today’s healthcare environment.

Objectives:
At the end of this activity, learners will be able to:
- Recognize advances in the multidisciplinary approach between primary care and neurology providers when caring for the neurology patient.
- Summarize therapies for the initial screening and treatment of headache, seizure, back pain and common neurological disorders.
- Analyze innovative ways to improve access to care for the neurology patient.
- Create partnerships between primary care providers and neurologists to develop a complete continuum of services for the neurology patient.

Target Audience:
- Family Practitioners
- Internists
- Hospitalists
- Neurologists
- Neurosurgeons
- Emergency Medicine Physicians
- Geriatrists
- Nurse Practitioners
- Physician Assistants
- Registered Nurses
- Physical Therapists
- Rehabilitation Specialists and other Allied Health Professionals

Sentara Healthcare is accredited by the Medical Society of Virginia to provide continuing medical education for physicians.
Credit Designation
Sentara Healthcare designates this live educational activity for a maximum of 7.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Virginia Board of Medicine
Physicians may claim up to 7.25 in Type 1 or Type 2 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for the renewal of an active medical license.

Accreditation
Sentara Healthcare is accredited by the Medical Society of Virginia (MSV) to provide continuing medical education for physicians. Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.25 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Course Director: Daniel A. Cohen, MD
Sentara Neurology Specialists
Chair of Neurology, Eastern Virginia Medical School

Keynote Speaker: Thomas C. Chelimsky, MD
Professor, Autonomic Disorders
Medical College of Wisconsin

Faculty:
Dana E. Adkins, MD
Sentara Neurosurgery Specialists

Kamal R. Chémali, MD
Sentara Neurology Specialists
Associate Professor, Neurology
Eastern Virginia Medical School

Wilson P. Daugherty, MD
Sentara Neurosurgery Specialists

Pamela W. Evans, MD
Sentara Neurology Specialists

Andrew D. Galbreath, DO
Sentara Neurology Specialists
Assistant Professor, Neurology
Eastern Virginia Medical School

Alexander A Grunsfeld, MD
Medical Director
Sentara Neurosciences, and
Chief of Neurology
Sentara Neurology Specialists

Maria A. Guina, MD
Sentara Neurology Specialists
Assistant Professor, Neurology
Eastern Virginia Medical School

Amelito R. Malapira, MD
Sentara Neurology Specialists
Assistant Professor, Neurology
Eastern Virginia Medical School

Karen M. Thomas, DO
Sentara Neurology Specialists
Associate Professor, Neurology
Eastern Virginia Medical School

Town Hall Panel:
Daniel J. Dickinson, MD
Medical Director Clinical Integration
Sentara Medical Group

Dorothy Y. Fisher, MD
Medical Director
Sentara Quality Care Network

Anthony B. Hardt, MD
Sentara Family Medicine Physicians

Erick M. Vitug, Director
Sentara Medical Group

Location and Accommodations
The conference will take place at:
The Founders Inn
5641 Indian River Rd
Virginia Beach, VA 23464
For directions and detailed information about the hotel, go to www.foundersinn.com
To make a reservation, call The Founders Inn at 757-366-5700 or 800-926-4466, or their main number at 757-424-5511, and mention the “Sentara Neuroscience Conference” to receive special conference consideration. Conference rates will only apply through May 10, 2016.
## AGENDA

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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</thead>
</table>
| 7:15 am  | Registration, Continental Breakfast and Exhibits Open | R. Doug Culling, DO, MS, CPE  
President, Sentara Medical Group  
Daniel A. Cohen, MD; Course Director |
| 8:00 am  | Welcome and Announcements                   | R. Doug Culling, DO, MS, CPE  
President, Sentara Medical Group  
Daniel A. Cohen, MD; Course Director |

### SESSION I: STROKE AND ANEURYSM UPDATE FOR THE PRIMARY CARE PROVIDER

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker(s)</th>
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</thead>
<tbody>
<tr>
<td>8:10 am</td>
<td>Stroke: Red Flags in the Outpatient Setting</td>
<td>Alexander A. Grunsfeld, MD</td>
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<tr>
<td>8:40 am</td>
<td>What to Expect When You Are Seizing</td>
<td>Maria A. Guina, MD</td>
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<tr>
<td>9:10 am</td>
<td>Opening Pandora’s Box: Incidental Findings on Neuroimaging</td>
<td>Wilson P. Daugherty, MD, PhD</td>
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<tr>
<td>9:40 am</td>
<td>Panel Questions and Answers</td>
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<tr>
<td>10:00 am</td>
<td>Break and Exhibits Open</td>
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### SESSION II: CHALLENGES IN PRIMARY CARE

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>10:30 am</td>
<td>Headaches for Primary Care</td>
<td>Amelito R. Malapira, MD</td>
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<tr>
<td>11:00 am</td>
<td>Numbness, Tingling, Pain, and Weakness – What’s the Deal?</td>
<td>Andrew D. Galbreath, DO</td>
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<tr>
<td>11:30 am</td>
<td>A Primary Care Aid to Back Pain</td>
<td>Dana E. Adkins, MD</td>
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<tr>
<td>12:00 pm</td>
<td>Panel Questions and Answers</td>
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<tr>
<td>12:15 pm</td>
<td>Lunch and Exhibits Open</td>
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### SESSION III: CHALLENGES IN PRIMARY CARE CONTINUED

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>1:00 pm</td>
<td>Steady Your Approach to Tremor</td>
<td>Karen M. Thomas, DO</td>
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<tr>
<td>1:30 pm</td>
<td>What You Need to Remember About Dementia</td>
<td>Daniel A. Cohen, MD</td>
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<tr>
<td>2:00 pm</td>
<td>Panel Questions and Answers</td>
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<tr>
<td>2:15 pm</td>
<td>Dessert Break and Exhibits Open</td>
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### SESSION IV TOWN HALL: CHALLENGES IN ACCESS TO CARE

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<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>2:30 pm</td>
<td>Management of Autonomic Disorders in Primary Care</td>
<td>Kamal R. Chémali, MD</td>
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<tr>
<td>3:00 pm</td>
<td>Keynote Address: Teach the Teacher in the Management of Autonomic Patients</td>
<td>Thomas C. Chelimsky, MD</td>
</tr>
<tr>
<td>3:45 pm</td>
<td>Access to Care – The Current Challenges and Obstacles in the Primary Care Setting</td>
<td>Daniel J. Dickinson, MD</td>
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<tr>
<td>3:50 pm</td>
<td>Introduction to the Primary Care Setting</td>
<td>Anthony B. Hardt, MD, Erick M. Vitug, Director</td>
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<tr>
<td>4:00 pm</td>
<td>Open Panel Discussion</td>
<td>Daniel J. Dickinson, MD; Panel Moderator</td>
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<tr>
<td>4:30 pm</td>
<td>Telehealth Demonstration</td>
<td>Pamela W. Evans, MD</td>
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<tr>
<td>4:45 pm</td>
<td>Closing Comments with Questions and Answers</td>
<td>Daniel A. Cohen, MD</td>
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<td>5:00 pm</td>
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Registration Deadline:
Registration will not be accepted after June 3, 2016. For questions, please contact Debra Rutherford at (757) 363-6280 or email dkruther@sentara.com

Fees
The registration fee includes tuition for the conference, continental breakfast, lunch and breaks.

Cancellation Policy
Cancellations made in writing by June 3, 2016 will be refunded less $50.00 administrative fee. No refunds will be given after June 3, 2016. Telephone cancellations cannot be accepted.

How to Register
Online (Credit Card Only)
sentara.com/NeuroEducation
Registration Form
Return completed registration from by: June 3, 2016
Fax (Credit Card Only): (757) 363-6151
Mail (Check or Credit Card):
Enclosed check payable to Sentara Healthcare and mail to:
Sentara Healthcare Physician Education
ATTN: Debra Rutherford
800 Independence Blvd, Rm 235
Virginia Beach, VA 23455

First Name ____________________________ Last Name ____________________________ Credential (MD, DO, RN, etc.) __________
Specialty ____________________________ Institution Affiliation ____________________________
Address
City ____________________________ State _______ Zip Code __________
Daytime Phone ____________________________ Fax ____________________________ Email __________ (required for confirmation)
SSN (last four digits only) ________________ Month and Day of Birth (MM/DD): _____ / _____ (for ABIM only)
ABIM ID # (if applicable): ________________

Credit Card Payments
Credit card type: ____________________________ Expiration date ____________ CVC Code ________
Billing Address
Name on credit card ____________________________ City ____________________________ State _______ Zip _______
Credit card number ____________________________ Amount Included: ____________________________

Authorized signature ____________________________ Date ________________

Registration Fees (Please check one)

☐ Physicians (includes Sentara Medical Group) . . . $175
☐ Allied Health Professionals . . . . . . . . . . $100
☐ Sentara Employees (non-physicians) . . . . . $ 85
☐ Full-Time Students . . . . . . . . . . . . . . . . . . . . $ 85
☐ EVMS Residents & Fellows . . . . . . . . . . . . . . . . . . . . . Complimentary

Attention Sentara Employees: Transfer of Funds forms are available by contacting Debra Rutherford, dkruther@sentara.com.

Register online at sentara.com/NeuroEducation