

The Delivery Times

February 2022

FMC Highlights

- 24-hour coverage by board-certified pediatricians and anesthesiologists
- Recipient of Patient's Choice Award for Customer Service for many years
- Lactation specialists available seven days a week
- Infant security system to ensure safety for all of our newborns

Nurses Corner

"I love being a nursery nurse because I love sharing "birth" days with our patients & their families. It is such a special experience & an honor to be a part of every delivery." :)

-Zoe R, RN

What's the Scoop?

- **Visitation:** At Sentara, the safety of our team members and patients is our highest priority. Please visit our website (click COVID-19 updates) for the most up to date visitation policy: www.sentaraleighmaternity.com
- **Outpatient Lactation:** We want to continue supporting you on your breastfeeding journey after discharge. Call **757.261.6068** or email slh_lactation@sentara.com to schedule your appointment! Check insurance for coverage.

Education Zone

We are committed to providing our patients with excellent education. With our current circumstances, getting to classes can be challenging. We will bring the class to you! Sign up for our eClasses today! You will have 9 months to access the materials and videos. Take a look at the classes offered and sign up with the QR code below:

- Understanding Birth
- Understanding Your Newborn
- Understanding Fatherhood
- Understanding Infant safety



Meet the Managers

Welcome to FMC! We are honored to assist you on such a rewarding journey. We look forward to visiting you while rounding on the unit!

Thank you for joining our Fami-Leigh



Christy Pidgeon, MSN, RNC-OB
Labor Manager



Jesse McCoy, BSN, RNC-LRN
Mother Baby/Nursery Manager